

Getting Started is Simple


We know taking the first step can feel scary. But you're not alone. Whether you're ready now or just want to learn more, we're here to help.




Contact us.

Appointments & Walk-Ins
Welcome

Call Today

 (949) 866-3600 Ext. 2103

Visit Our Clinics

 Visit any of our clinics for more information.

Locations in **Mission Viejo, Irvine, Santa Ana, & Costa Mesa**

Visit Our Website

 www.clchc.org

Recovery is possible. Let's take the next step together.



CELEBRATING LIFE
COMMUNITY HEALTH CENTER

All Is Well | Todo Está Bien
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CELEBRATING LIFE
COMMUNITY HEALTH CENTER



Medication-Assisted Recovery

MAT | Naltrexone | Buprenorphine

Real support. Real solutions. Real hope.

We're here to walk with you through recovery—without judgment, just care.

What is MAT?

Medication-Assisted Treatment (MAT) is an evidence-based approach for treating **opioid use disorder (OUD)** and **alcohol use disorder (AUD)**. It combines **FDA-approved medications** with optional services like counseling, behavioral support, and care coordination. For those who prefer a more discreet experience, medication can be provided on its own. **MAT is designed to meet each person where they are, supporting recovery in the way that works best for them.**



Our MAT Program Offers:

- Medications to reduce withdrawal symptoms and cravings
- Regular visits with medical providers
- Mental health and behavioral support
- Personalized care and goal-setting
- A dedicated case manager to support your recovery
- Help with insurance, housing, food, and other needs

MAT is not "trading one drug for another." It's a safe, controlled, and medically supervised path to long-term recovery.



How Suboxone Can Help You

Suboxone (buprenorphine) and **Sublocade** are two of the most effective medications for opioid recovery. It helps by:

- Reducing cravings
- Preventing withdrawal symptoms
- Supporting your brain and body through healing

Naltrexone (Vivitrol) is another effective MAT option, especially for individuals recovering from alcohol use disorder (AUD). It works by:

- Blocking the effects of alcohol
- Reducing the desire to drink
- Helping prevent relapse

All medications are prescribed and managed by experienced medical providers as part of a safe, individualized recovery plan.

A dedicated case manager will check in regularly to support your progress and ensure stability, so you can focus on returning to work, caring for your family, and rebuilding your life.

We're with you every step of the way:

- Easy, same-week appointments
- Friendly, trauma-informed care
- Confidential support
- Spanish-speaking staff available



Naloxone Saves Lives

Naloxone (Narcan) and Kloxxado (a stronger form of Narcan) are life-saving medications that can reverse an opioid overdose and give someone another chance. You don't need to be a patient to get one.

Anyone can carry Naloxone. Anyone can use it.

We offer **FREE Naloxone and Kloxxado kits** at all of our clinics to:

- Patients
- Family members of individuals at risk
- Concerned community members

We'll show you how to use it—no medical background needed.



LEARN MORE

